



## COURSE OUTLINE: BSCN1206 - RELATIONAL PRACT I

Prepared: Barbie Blair

Approved: Bob Chapman, Chair, Health

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| <b>Course Code: Title</b>   | BSCN1206: RELATIONAL PRACTICE I   |
| <b>Program Number: Name</b>   | 3400: COLLAB BSCN   |
| <b>Department:</b>  | BSCN - NURSING  |
| <b>Semesters/Terms:</b>   | 19F   |
| <b>Course Description:</b>  | This course focuses on the learner's discovery of self as nurse and self in relation to others. Opportunities are provided to engage in structured reflection guided by the literature and interaction with others. Emphasis is placed on understanding how select concepts relate to and impact on experiences with self and others. Learners are required to integrate concurrent learning. (lec/sem 3) cr 3  |
| <b>Total Credits:</b>   | 3   |
| <b>Hours/Week:</b>  | 3   |
| <b>Total Hours:</b>   | 36  |
| <b>Prerequisites:</b>   | There are no pre-requisites for this course.  |
| <b>Corequisites:</b>  | There are no co-requisites for this course.   |
| <b>Substitutes:</b>   | NURS1206  |
| <b>This course is a pre-requisite for:</b>                            | BSCN1007, BSCN1094, BSCN1207  |
| <b>Essential Employability Skills (EES) addressed in this course:</b> | <p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p> |
| <b>Course Evaluation:</b>   | Passing Grade: 60%,   |
| <b>Other Course Evaluation &amp; Assessment Requirements:</b>         | Laurentian Online Library Workshop Certificate [Research Skills Tutorial]submission on D2L  |
| <b>Books and Required Resources:</b>                                  | Reflective Practice in Nursing by Esterhuizen<br>Publisher: Sage Edition: 4th<br>ISBN: 9781526460066  |



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Required

Publication Manual of APA by American Psychological Association  
Publisher: Author Edition: 6th  
ISBN: 9781433805615  
Required

**Ends in View and Processes:**

| <b>Ends in View</b>  | <b>Process</b> |
|--|----------------|
| <p>This course introduces learners to a guided exploration of self. As opposed to self-analysis, it focuses on illuminating aspects of self as a precursor to the development of therapeutic engagement with another. The transformation from a self-focus towards being a nurse within a professional relationship requires that the student continually reflect on the presence of self for an understanding of living the nursing role. As a complement to the learning process, Johns (2009) model of structured reflection will facilitate the expansion of the personal blueprints of thinking, to begin charting a way in becoming a nurse.</p> |                |
| <p>The transformation from a self-focus towards being a nurse within a professional relationship requires that the student continually reflect on the presence of self for an understanding of living the nursing role. On completion of this course, the student will be able to:</p> <ol style="list-style-type: none"><li>1. Understand the importance of self-awareness as it relates to self-assessment within the context of the nurse-client relationship.</li><li>2. Demonstrate an</li></ol>  |                |



understanding of therapeutic relationships guided by related professional and ethical frameworks.

3. Demonstrate an understanding of the regulatory requirements related to reflection on one's practice.

4. Demonstrate an understanding of the process of self-reflection through the application of a guiding model.

5. Perform self-evaluation through the reflective process and peer feedback.

6. Create a learning plan based on self-reflection and peer evaluation.

Although the materials selected for classes facilitate self-directed learning, participation in preparatory and in-class work is an expectation. The intent of the learning materials is to engage the learner in the challenge of becoming a professional nurse. As a learner in a professional school, he/she is encouraged to find critical peers and to access other forums for collegial exchange. In relation to BSCN 1004, you will be required to write structured reflections based on a model used for reflection which will be integrated within the course assignments for BSCN 1206.

As a learner, you are encouraged to read the syllabus in complement with the Policy and Regulation Manual. Browse through the



course information to get a sense of the course as a whole. Note due dates (and record such on your calendar now) for the preparatory and assigned work. As you progress through this course, keep in contact with the course instructor to prevent confusion and alleviate any concerns you may have regarding the course.

This course is supported by the D2L. It is your responsibility to check this course site frequently for informational updates.

**Evaluation Process and Grading System:**

| <b>Evaluation Type</b>                    | <b>Evaluation Weight</b> |
|---|--------------------------|
| Final Reflection: Growth and Change       | 35%                      |
| Library Workshop Research Skills Tutorial | 0%                       |
| Mid-term Exam                             | 35%                      |
| Self-Portrait Art and Written Reflection  | 30%                      |

**Date:**

July 29, 2019

**Addendum:**

Please refer to the course outline addendum on the Learning Management System for further information.

